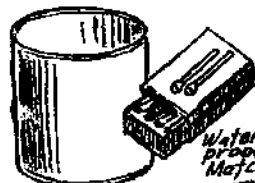


The following items have been found by experienced back country travelers to be enough to survive if an accident or turning back too late should force an unexpected night in the woods.



Metal Container

Water-
proofed
Matches



OR 2 LB. LEAF BAGS



Knife



Chocolate



Tea Bags



Bouillon
Cubes



Sugar Cubes



Whistle



Candle
(FIRE STARTING)



Salt



Wire (ball)

Sealing Tape

A pint turpentine or thinner can which has been thoroughly cleaned and dried will make a suitable container. Cut the top off and remove sharp burrs. To re-seal the can, fashion a lid from plastic and tape securely in place. Such a kit can not help you unless it is available when needed. Always carry it whenever away from civilization.

CONSERVING BODY HEAT IS THE
ESSENCE OF LIFE.

THE GREATER THE KNOWLEDGE THE FEWER
THE ACCIDENTS AND THE LONGER THE
LIFE SPAN.

COMPASS AND MAPS ARE LIKE
LIFE PRESERVERS
CARRY THEM.

YOU CAN'T FIGHT THE WILDERNESS
THINK YOUR WAY HOME.

BRUTE STRENGTH, WITHOUT CONSERVING
BODY HEAT, WILL PERISH.

IN PANIC A MAN - CAN RUN TWO HOURS
WALK TWO HOURS - CRAWL AN HOUR -
THEN LIE DOWN FROM EXHAUSTION
FOR ETERNITY.



MANY IDEAS FROM GENE FEAR
SURVIVAL EDUCATION ASSOCIATION



FOR
HUNTERS

****ATTENTION****

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Once you step out of that car into a back country area you are on your own. Whether it ends as an enjoyable experience or one you spend the rest of your life trying to forget (if you survive to try) depends totally on you. A pleasant ending depends on the ability of your brain to use the resources available to the best advantage. The knowledge you obtained before you left and the materials you brought with you will make up the majority of those resources.

BEFORE LEAVING HOME leave a schedule with a responsible person as to your exact hunting area; companions; color, model, license, and location of the car used; and return time (allowing extra time for possible problems you may encounter). The mentally prepared family at home will worry less.

*Provided at your request by
WASHINGTON GAME DEPARTMENT*

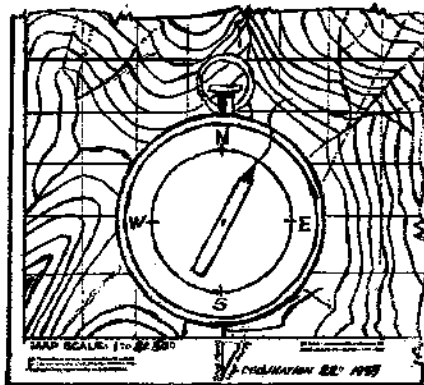
*Prepared by Wildlife Information
Printed by Duplicating Services*

LIST OF TEN ESSENTIALS

Extra Clothing	Firestarter
Extra Food	First Aid Kit
Sunglasses	Flashlight
Knife	Map
Matches	Compass

WE ALL ARE NATURE'S GUESTS

Knowledge of the use of a topographic map and compass before leaving home and the application of that knowledge in the woods will reduce the possibility of being lost.



GOOD MAPS ARE TIME SAVERS.

Topographical maps cannot be purchased in the back country, so **PLAN AHEAD!**

Before entering the wilderness on foot, plan to carry **FOOD, ENERGY, SHELTER, MAP and COMPASS**, and know all the landmarks. Plan to meet companions often and return to camp **BEFORE DARK**. Devise audible signals for overdue companions.

Travel in extreme cold necessitates caution. Warmth is a product of body heat produced by energy obtained from food. Keep the body furnace stoked with small amounts of sugary food eaten often. Cold is felt only when body heat is allowed to escape. To keep warm in cold weather remember this word **COLD**.

Clean wool clothing has open air spaces to hold warm air.

Overheating - avoid perspiration. Wet clothing is cold.

Layer system. Easy on - easy off layers of clothing to regulate body temperature.

Dry keep dry. Dry wool clothing is your best insulation.

DURING FALL and WINTER, daylight is short and temperatures may change suddenly. Rain quickly becomes snow that may obscure the trail. Knowing these potential dangers of fall travel, persons hunting in the back country should plan thoroughly. Being familiar with the hunting area by studying topographical maps will allow more time to hunt by making it easy to recognize in the field the best routes.